A choice that fits.

Recreational athletics at CONCORDIA

aerobic fitness
dance aerobics
low impact aerobics
total workout

ballroom dance
classical ballet
jazz workout
modern dance

karate
kung fu
self-defence
tai chi
tae kwon do
yoga

badminton
basketball
broomball
curling
ice hockey
indoor soccer
rugby
skating
skiing
squash
swimming
tennis
volleyball
weight training

Loyola Campus
Athletic Complex
7200 Sherbrooke St. W.
848-3858

SGW Campus
Victoria Gym
1822 De Maisonneuve W.
848-3860